

## Gambling Addiction Podcasts

These podcasts can all be found on APPLE/SPOTIFY/YOUTUBE. You can also Google search to find alternative places to listen/watch. rev 030926BH



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| ALL IN The Addicted Gambler's Podcast - 380 Episodes<br>Brian Hatch & Jeff Wasserman   | Date of 1st Episode 1/9/2015<br>Date of Recent Episode 10/7/2025 |
| Brian started his gambling addiction podcast as his recovery tool. He discovered that by <b>TALKING</b> about his addiction he can <b>PREVENT ENGAGING</b> in his addiction. Brian speaks with people in recovery, preventionists, clinicians, advocates, lawmakers, journalists, and more. He hopes by openly discussing the issues surrounding gambling harm we can better understand it and prevent future harm and <b>HOPEFULLY</b> make change. |  |



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| The After Gambling Podcast - 107 Episodes<br>Jamie Salsburg  | Date of 1st Episode 2/7/2018<br>Date of Recent Episode 3/28/2025 |
| The After Gambling Podcast is a show dedicated to increasing awareness and understanding of problem gambling. As a former compulsive gambler, I experienced the shame and isolation of my addiction on a daily basis. I didn't feel like anyone could understand my problem and that it was up to me to use my willpower to quit gambling. Now, I want to reach out and help others overcome their gambling addiction. |  |



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| The Broke Girl Society Podcast - 107 Episodes<br>Christina Cook   | Date of 1st Episode 7/1/2021<br>Date of Recent Episode 3/6/2026 |
| At its core, The Broke Girl Society Podcast is dedicated to breaking the silence, reducing stigma, and building a supportive community where women affected by gambling harm feel seen and heard. Host Christina Cook, drawing from her own lived experience, brings an empathetic and genuine perspective to every episode; understanding the unique challenges, shame, and stigma tied to gambling harm, particularly for women. Through candid conversations with guests, she highlights stories of courage, setbacks, curiosity and amazing resilience. |   |



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| The Bet Free Life YOUTUBE - 38 Episodes<br>Brian Hatch & Christina Cook  | Date of 1st Episode 10/24/2021<br>Date of Recent Episode 3/4/2026 |
| Christina Cook & Brian Hatch combine their efforts in video format to discuss gambling harm and recovery & the different obstacles that exist for men and women. |   |



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| FALL IN: The Problem Gambling Podcast for Military Service Members & Veterans - 33 Episodes<br>Dave Yeager  | Date of 1st Episode 3/2/2021<br>Date of Recent Episode 8/8/2025 |
| Dave Yeager is a U.S. Army Veteran and in recovery for a gambling addiction. Through Dave's own story and the stories of Active Duty Military Members and Veterans we hope to create a safe space to listen and learn about gambling addiction in the military. |   |



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| Hello, My Name is Craig - 238 Episodes<br>Craig Carton & Dan Trolaro  | Date of 1st Episode 1/9/2021<br>Date of Recent Episode 3/1/2026 |
| This show's conversation will be centered around gambling and approach the topic in numerous ways including speaking directly to those in our audience who are currently going through their own gambling addiction. Craig and his guests will share stories, discuss how to identify signs there is a problem, and what steps they can take to move forward. They will also give guidance to concerned friends and family members on how they can have tough conversations and help their loved ones. It will be important to address that gambling is a major component of today's sports world and we have listeners who participate regularly. However, we can tactfully discuss responsible ways to do so. |   |



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| All Bets Are Off (UK) - 51 Episodes<br>Ryan & Chris  | Date of 1st Episode 4/29/2020<br>Date of Recent Episode 9/16/2021 |
| The All Bets Are Off podcast was established in April 2020 as a gambling addiction recovery podcast. Our diverse portfolio of listening content covers a wide range of discussion points includes everything from recovery stories and signposting through to chats with industry specialists and a wanting for positive change and re-form. |   |



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| The Invisible Addiction (UK) - 30 Episodes<br>Alex Lewis   | Date of 1st Episode 6/13/2020<br>Date of Recent Episode 8/22/2021 |
| Podcasts for people who've felt gambling problems & identify with stories echoing their own experiences. |   |



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| Voices of Problem Gambling - 19 Episodes<br>Brian Ward                  | Date of 1st Episode 12/8/2019<br>Date of Recent Episode 3/12/2023 |
| A podcast dedicated to bringing you insights about programs of recovery |   |



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| Fold em: Help for Gambling Problems (Canada) - 92 Episodes<br>Adrienne Cossom (Counselor)  | Date of 1st Episode 11/14/2020<br>Date of Recent Episode 4/11/2025 |
| Fold em offers straight talk about dealing with the fall-out from gambling. Whether you are looking at stopping or scaling back your own gambling or helping a family member with a problem, this podcast will help you take back control. Hear from gamblers who have been through it. Tips from counsellors. There is a way out from the hold gambling has on your life. |  |



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| ODAAT Gambling Awareness - 121 Episodes<br>Rob Minnick   | Date of 1st Episode 9/5/2024<br>Date of Recent Episode 3/9/2026 |
| Interviews with people who have battled gambling addiction directly or indirectly throughout their lives. For too long, people impacted by problem gambling have been suffering in silence. This podcast aims to help change that while helping viewers learn from the past experiences of others. |   |



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| The Modern Meeting - 97 Episodes<br>Adam Lyons   | Date of 1st Episode 11/11/2024<br>Date of Recent Episode 3/7/2026 |
| A podcast about addiction, recovery, and mental health — with a focus on gambling, alcohol, and substance use. The Modern Meeting shares real stories, support, and strategies for anyone impacted by addiction. |   |