

BETTOR CHOICE GAMBLING TREATMENT PROGRAMS CONTACT LIST

July 2025

Bettor Choice Programs are gambling-specific treatment programs funded by the State of Connecticut. Services are offered at more than 14 locations in Connecticut through community agencies. Programs offer a variety of outpatient services including: individual, group, peer recovery support, medication, and budget counseling for both individuals impacted by problem gambling and affected loved ones. All programs accept insurance.

You can speak with a staff member or find the nearest Bettor Choice Program by calling one of the providers listed below.

All agencies provide telehealth services.

REGION 1 – Southwest CT

CONNECTICUT RENAISSANCE

Kimberly Puhala, LPCA, ICGC-I

203-866-2541, ext. 3019 (All referrals)

Fax: 203-854-5682

kpuhala@ctrenaissance.org

4 Byington Place.

Norwalk, CT 06852

Services are also available in Bridgeport, CT

REGION 2 – South Central CT

COMMUNICARE

Debra Cannon, LADC, ICGC-I

Program Manager of Problem Gambling Services

Cell: 1-475-239-2492

Office: (203) 553-7234 ext. 2017

dcannon@communicare-ct.org

CommuniCare

27 Washington Street

Middletown, CT 06457

BHcare

28 Branford Road

North Branford, CT 06457

435 East Main Street

Ansonia, CT 06401

Bridges Healthcare

949 Bridgeport Avenue

Milford, CT 06450

98 Elm Street

West Haven, CT 06516

REGION 3 – Eastern CT

UNITED COMMUNITY & FAMILY SERVICES

Celaura Estrada, LCSW, ICGC-II

47 Town Street, Meadows Plaza

Norwich, CT 06360

860-823-3094 (All referrals)

BettorChoice@ucfs.org

REGION 4 – North Central CT

WHEELER CLINIC

Treatment Locations:

43 Woodland Street, Hartford, CT 06106

40 Hart Street, New Britain, CT 06052

All Referrals Call or Text

Katie Kirch, LCSW, ICGC-II, BACC

Clinical Supervisor, Bettor Choice

Cell: 860-692-8857

BettorChoice@wheelerclinic.org

REGION 5 – Northwest CT

MCCA Inc.

Earle Sanford, LPC, ICGC-II

Manager of Problem Gambling Services

Office: (203) 597-0643 x 1805

Cell: (203) 733-4524 (all outpatient and inpatient referrals)

esanford@mccaonline.com

34 Murray Street

Waterbury, CT 06710

Outpatient services also available in Danbury, New Milford and Torrington.

Inpatient services at McDonough House in Danbury.

.