

Session 8

Title: Addressing Financial Management Issues in Gambling

Date: 1/21/2025

9 am-12 pm

Presenter: GAMFIN

Description:

This training provides mental health professionals with essential tools and knowledge to address financial management issues encountered by clients, especially those affected by problem gambling. Led by Dr. Jessica Limbrick, AFC® of GamFin and the Connecticut Council on Problem Gambling (CCPG), the session covers common financial management issues, restitution, setting SMART financial goals, and creating effective spending plans. The presenter will engage students using practical case studies and that demonstrate strategies for asset protection and pressure relief.

Learning Objectives:

1. By the end of this workshop, participants will be able to:
2. Recognize financial challenges faced by clients with problem gambling.
3. Implement strategies for managing restitution and debt.
4. Set and apply SMART financial goals for clients.
5. Develop spending plans incorporating harm reduction and lifestyle needs.
6. Identify methods for protecting family assets and mitigating financial risks

Presenter Bio: Jessica Parks, Ph.D., AFC®

Dr. Parks is an Accredited Financial Counselor® located in Las Vegas. She has a PhD in Financial Planning and Consumer Economics from the University of Georgia. With 10 years of experience, she is passionate about helping families create realistic spending plans and paying off debt.

As a university professor, she teaches classes such as Financial Planning and Investments. In her spare time, she enjoys crocheting, sudoku puzzles, documentaries, traveling, and teaching K-12 students about personal finances.