

## Session 6

Title: Working with Family Members & Affected Others of Gambling Harm

Date: 12/17/2024

12pm-3 pm

Presenter: Teresa McDowell, Ed.D., LMFT

### Description:

In this course, participants will explore treatment for families in which a member struggles with problem gambling. While family therapy is a field in and of itself, this course will help participants consider some of the basics for including families in treatment and thinking about treatment from a systemic perspective. A method is offered for externalizing problem gambling in a way that draws family members together to fight the gambling rather than each other. Ethical considerations are shared that are specific to working with families.

### Learning Objectives

By the end of this course, participants will be better prepared to:

1. Identify the impact of gambling problems on families.
2. Engage family members in problem gambling treatment.
3. Encourage families to work together to address gambling problems; and
4. Consider ethical issues that are unique to working with families.

### Presenter Bio:

Teresa McDowell, Ed.D., LMFT is a professor emerita at Lewis & Clark, in Portland, Oregon, where she served as Department Chair and co-founded Lewis & Clark's Problem Gambling Services. Dr. McDowell has served as a licensed marriage and family therapist, family therapy educator, program director, educational administrator, and consultant over the past 40 years. Her work has primarily focused on counselor education and workforce development, organizational consultation, international family therapy, equity-based clinical practice, integrated treatment for problem gambling, and clinical supervision. She currently serves as a social researcher, program evaluator, and consultant with Partners in Social Research and is the senior instructor for the Advanced Career Online Resource Network

(ACORN). Dr. McDowell has published over 50 refereed journal articles and book chapters. She has presented her work at numerous conferences across eight countries. She is the author of *Applying Critical Social Theory to Family Therapy Practice* and first co-author of *Socioculturally Attuned Family Therapy: Guidelines for Equity-Based Theory and Practice* (1st and 2nd Editions). Her work in problem gambling treatment includes authoring the *Working with Families in Problem Gambling Treatment* handbook, research on core competencies for problem gambling counselors and prevention specialists, and extensive contributions to the development of Oregon's problem gambling treatment workforce.