

WHAT EXACTLY IS PROBLEM and PATHOLOGICAL GAMBLING?

Fact

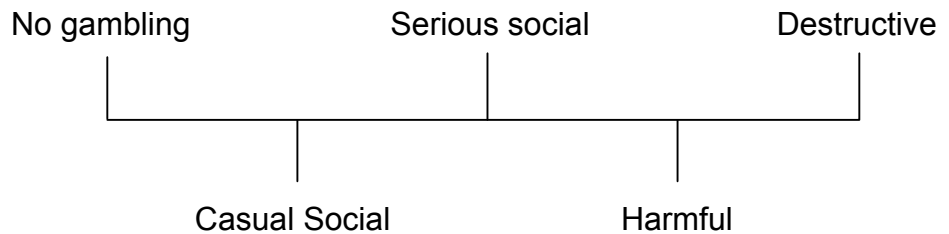
Problem Gambling is considered a “hidden addiction” because it is often possible to conceal it for much longer periods of time than a substance addiction.

CONNECTICUT COUNCIL on
**PROBLEM
GAMBLING**

47 Clapboard Hill Rd.
Guilford, CT 06437
Tel. (203) 453-0138
ccpg@ccpg.org
www.problemgambling.org

What is Gambling?

Gambling is the act of risking money, property, or something else of value on an activity with an uncertain outcome.



PROBLEM (Harmful) GAMBLING occurs when gambling interferes to some degree with usual activities and responsibilities and has some negative consequences.

Approximately 4-6 million adults in the United States are considered probable problem gamblers.

PATHOLOGICAL (Destructive) GAMBLING is the most severe form of problem gambling and is a professionally recognized mental disorder. Pathological gamblers have severe consequences that include disruption and damage to their personal lives, family, or career and educational pursuits.

Approximately 2 million adults in the United States are probable pathological gamblers.

If you or someone you care about has problems resulting from gambling, please call the

PROBLEM GAMBLING HELPLINE

1-800-346-6238

1-800-34 NO BET