

CONNECTICUT COUNCIL on
**PROBLEM
GAMBLING**

**Listed Below are Some Major Signs of
Problem Gambling**

- Do you borrow money to gamble or to recover lost money?
- Do you hide your gambling or have you been untruthful to someone you are close to about how much you win or lose gambling?
- Have you unsuccessfully tried to control how much or how often you gamble?
- Is gambling your primary way of dealing with stress?
- Does gambling cause problems at home, work or in other areas of your life?

Does Someone You Care About Need Help?

- Does the person borrow money to gamble or to pay gambling debts?
- Has the person lied to you so often about gambling that you have lost trust?
- Does the person's gambling interfere with family activities, work or school?
- Have you noticed negative changes in the person's mood and behavior when he or she gambles?
- Does the person promise that he or she will stop gambling but does not stop or only briefly stops?

Whether or not the gambler decides to seek help, we are there to assist those impacted by the gambler.

Help is available. Call us and talk with someone who understands what you are going through. Confidential and free. Call anytime, 24 hours a day:

1-800-346-6238

The Connecticut Council on Problem Gambling is a statewide leader in addressing problem gambling through its Helpline and many other community programs. Please use the form below to indicate your interest in joining the effort.

The Need

____ I would like more information on problem gambling

____ I would like to explore ways to collaborate with CCPG

____ I would like to make a contribution of:

\$50 \$100 \$250 \$500 \$500 \$1,000 Other: \$ _____

Name: _____

Address: _____

City: _____ State: _____ Zip Code: _____

Telephone: _____ Fax: _____ Email: _____

Please mail to: **CCPG, 47 Clapboard Hill Road, Guilford, CT 06437**

CCPG is a 501(c)3 non-profit organization - contributions are tax deductible

47 Clapboard Hill Road
Guilford, CT 06437

Office: 203-453-0138

Fax: 203-453-9142

Email: ccpg@ccpg.org

Website: www.ccp.org

Helpline: 1-800-346-6238

The Connecticut Council on Problem Gambling

The Problem

- In 1980, the American Psychiatric Association identified pathological (compulsive) gambling as a “disorder of impulse control.” It is diagnosable and treatable.
- Pathological gambling is a disorder similar to alcohol and other drug addiction. About 25% of pathological gamblers at some time develop an addiction to substances.
- Pathological gambling has increased with the spread of legalized gambling.

The Mission

CCPG’s mission is to reduce the prevalence and impact of problem and pathological gambling on individuals, families and society.

The History

- CCPG is a private, not-for-profit organization that became the first affiliate of the National Council on Problem Gambling in 1980.
- CCPG was instrumental in the successful passage of legislation that created the second state-funded compulsive gambling treatment program in the United States.
- CCPG has successfully advocated for state and private funding needed for prevention, research and treatment services.

The Partnerships

CCPG works closely with state and private agencies and a number of community groups, as well as the gambling industry.

“..it could happen to anyone.”

The following are some primary ways that problem and pathological gambling impact individuals, families, businesses and the entire community:

DEBT

BANKRUPTCY

LOSS OF JOB

SCHOOL DISRUPTION

SUBSTANCE ABUSE

NEGLECT AND/OR ABUSE OF SPOUSE AND CHILDREN

DIVORCE

DEPRESSION

SUICIDAL THOUGHTS AND ATTEMPTS

CRIME

ARREST AND INCARCERATION

The financial costs to society are enormous in terms of mental health and addiction treatment, physical stress disorders, welfare, homelessness and involvement in the community justice system.

Helpline: 1-800-346-6238 (800-34 NO BET)

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The Response

- **PROBLEM GAMBLING HELPLINE:** confidential, toll-free, 24 hours per day for problem gamblers and their families in CT, MA and RI. **800-346-6238**
- **PUBLIC AWARENESS AND PREVENTION EDUCATION:** information provided to all media outlets; lectures and seminars available for a variety of community groups.
- **INFORMATION CLEARINGHOUSE:** education and research materials for family members, at-risk groups, students, professionals and others.
- **PROFESSIONAL TRAINING:** training in prevention for human service providers.
- **SCHOOL SERVICES:** curriculum and program development, presentations, educational materials and other services.
- **LEGISLATIVE AND PUBLIC POLICY:** collaborate with other organizations and the legislature to fund programs and develop public policies which minimize problem and pathological gambling.
- **RESEARCH:** conduct research studies on critical issues and in high-risk populations, e.g., adolescents, senior citizens, women and substance abusers.
- **CORPORATE SERVICES:** education and consultation services for the gambling industry and for a variety of for-profit and not-for-profit corporations.

The Funding

CCPG is primarily funded by the Mashantucket Pequot Tribe and Mohegan Tribe with additional funding from the CT Department of Mental Health and Addiction Services.