

CO-OCCURRING ADDICTIONS & OTHER DISORDERS

Family of Addictions

Problem Gambling
Depression
Tobacco Addiction
Alcohol
Dependence
Drug Addiction
Sex Addiction
Workaholism
Food Addiction
Compulsive
Exercise
Compulsive
Spending

CONNECTICUT COUNCIL on
**PROBLEM
GAMBLING**

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- There is a lack of public awareness about problem gambling as a scientifically recognized mental disorder of impulse control.
- Even less understood is the relationship between problem gambling and specific mental disorders, such as depression and substance abuse.
- Depression, anxiety, interpersonal conflict and other co-occurring conditions contribute to a cycle of further gambling that only exacerbates the problem for the gambler and his/her family.

There is Help!



The good news is that problem gambling, other addictions, depression and other mental/emotional problems are diagnosable and treatable. When any combination of these disorders co-occur, it is usually best to utilize a comprehensive treatment approach.

If you or someone you care about has problems resulting from gambling, please call the

PROBLEM GAMBLING HELPLINE

1-800-346-6238

1-800-34 NO BET